Dua for health recovery in arabic

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This is a special Taweez and effective dua for getting better health and get recovery by Quranic verses of Surah Fatiha.Many people have different types of disease. Some of them curable some are incurable. Therefore, This is a proven dua and are effective to recover all sort of illness and diseases for which even doctors have refused and the person who would be doing this wazifa will become free from any sort of illness and it would even get the poison out of his blood.Surah Fatiha dua for health recoveryThe famous Surah of the Quran for a cure from diseases is the first surah “Surah Fatiha”. Its wazifa has the ability to cure every kind of disease in general. The proper way of performing Fatiha dua for health and to recover is to recite the surah in such a way that Bismillah should be joined at the beginning of it removing the first alphabet of the surah. This has to be recited 41 times between the sunnah and fard rakats of fajir prayer.Quranic dua for health recoveryThis is the best Quranic dua for health recovery and the cure of diseases and it can be used in the following ways :Blown on water and given to the patient to drink.Blow on olive oil and given for massage.Blown on pure honey and used in the morning. andBy tieing knots on a thread after being recited every time for wearing.Surah Fatiha:اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ adorable gift of ALLAH. So it important to pray to ALLAH for health in prayers. This dua has immense benefits in maintaining good health in recovering of all kinds of diseases. To maintain good health recite Ya Hayyu Ya Qayyuum 3000 times daily. In sha ALLAH you will stay healthy and even if you fall sick you will recover very soon by performing this Taweez dua for health recovery.Effective Dua for recoveryDisease and sickness problems are common. You've probably had any kind of sickness now. The cause is usually a viral infection or any other, but other causes include allergies, infection with strep bacteria or the leaking of stomach acids back up into the esophagus, called GERD. Other problems that affect body include Tonsillitis, Cancer, Laryngitis, etc. Therefore, effective dua for recovery can help to get rid off dangerous diseases. Get instant solution to your problems and diseases in light of the holy Quran and Hadith. Online Istikhara, spiritual treatment, and courses by Amil Mohammad Yousuf Sahab. Contact us +92-3232344555 ‘WhatsApp’ “Health is wealth,” we all hear this phrase multiple times in our life. However, the real value of health is realized only during illness. As Muslims, we must make healthy choices and duas for health in light of sunnah and Quran to have a healthy mind and body. Islam is the code of life and teaches us every phase of life; for example, Islam instructs us about eating reasonably and cleanliness. Both of these habits are essential to good health. Along with these health routines, if anyone falls into illness or for the daily basis for the healthy life, there are some duas for health. Quranic Duas for Health Prophet Ibrahim (AS) used to pray this Dua when he got sick and said that whenever I fall sick, no one can heal me but Him, who heals me with the means that may lead to recovery. وَإِذَا مَرِضْتُ فَهُوَ يَشْفِينِ And when I am ill, it is H me. (AlQuran 26:80) Surah Al Nas and Al Falaq are the most well-known and influential chapters of the Quran. Hazrat Aisha (RA) narrated that whenever Allah’s Prophet (SAWS) became sick, he would recite Surah Al-Falaq and Surah An-Nas and then blow his breath over his body. When he became seriously ill, I used to recite (these two Surahs) and rub his hands over his body for its blessings. قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ الرَّحِيمِ الرَّحْمَٰنِ اللَّهِ بِسْمِ Say, “I seek refuge in the Lord of dayl which He created مِن شَرِّ مَا خَلَقَ And from the evil of darkness when it settles وَمِن شَرِّ غَاسِقٍ إِذَا وَقَبَ And from the evil of the blowers in knots وَمِن شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ And from the evil of an envier when he envies.” (Al Quran 113:1-5) قُلْ أَعُوذُ بِرَبِّ النَّاسِ الرَّحِيمِ الرَّحْمَٰنِ اللَّهِ بِسْمِ Say, “I seek refuge in the Lord of humanity, مَلِكِ النَّاسِ The Sovereign of humanity. إِلَٰهِ النَّاسِ The God of humanity, مِن شَرِّ الْوَسْوَاسِ الْخَنَّاسِ From the evil of the retreating whisperer – الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ purpose duas for health is by Hazrat Ayesha (RA). Syeda Ayesha (RA) said that when anyone among them had an illness, Prophet Mohammad (SAW.) used to rub the area of the pain and recite the following dua: أَذْهِبِ الْبَأْسَ رَبَّ النَّاسِ وَاشْفِ أَنْتَ الشَّافِي لَا شِفَاءَ إِلَّا شِفَاؤُكَ شِفَاءً لَا يُغَادِرُ سَقَمًا “O Lord of the people, remove this pain and cure it, You are the one who cures, and there is no one besides You who can cure; grant such a cure that no illness remains”. Another short and easy dua is as follows. اللَّهُمَّ عَافِنِي فِي بَدَنِي اللَّهُمَّ عَافِنِي فِي سَمْعِي اللَّهُمَّ عَافِنِي فِي بَصَرِي لَا إِلَهَ إِلَّا أَنْتَ Allahumma ‘afini fi badani. Allaahuma ‘afini fi sam’i. Allahumma ‘afini fi bashari. Allahumma inni a’udzu bika minal kufri wal faqri. Allahumma inni a’udzubika min ‘adzabil qabri laa ilaaha illa anta. “O Allah, grant health in my body, O Allah, grant health in my hearing, O Allah, grant health in my sight. There is no god worthy of being worshipped except You.” Abdur Rahman ibn Abu Bakrah said every morning, “O ALLAH! Grant me health in my body. O ALLAH! Grant me good hearing. O ALLAH! Grant me good eyesight. There is no god but Thou.” You repeat them three times in the morning and three times in the evening. He said: I heard the Messenger of ALLAH using these words as a supplication, and I like to follow his practice. الْحَمْدُ لِلَّهِ الَّذِي أَذْهَبَ عَنِّي الْأَذَى وَعَافَانِي Al’hamdulillahillazee Azhaba ‘Anni Azaa Wa ‘Aafaani Praise be to God who has removed harm from Anas bin Malik RA narrated that. “Whenever the Prophet exited the toilet, he would say: ‘Al-hamdu lillahilladhi adhhaba ‘annial-adha wa ‘afani Praise is to Allah Who has relieved me of impurity and given me good health.’ اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ وَتَحَوُّلِ عَافِيَتِكَ وَفُجَاءَةِ نِقْمَتِكَ وَجَمِيعِ سَخَطِكَ “O ALLAH! I seek refuge in you from withholding your favour, the decline of the good health you have given, the suddenness of your vengeance and all forms of your wrath.” So, another D Allah, grant health in my body, O Allah, grant health in my hearing, O Allah, grant health in my sight. There is no god worthy of being worshipped except Allah. Hazrat Ali passed these instructions in the will to his son: “Do not sit to eat unless you are hungry; stand up from the table while you still desire food. Chew properly. Go to the lavatory before you go to bed. If you put these into practice, you will not need medicine.” (Khisal P229 No 67) Dear Muslim brothers and sisters! It is essential to consider that Islam has more stress on a healthy lifestyle. As it says, prevention is better than cure. So, Dua mentioned here is not for sure of any specific disease. But these duas for health are for general well-being. So, recite these duas for health habitually day and night. Good health is one of the greatest blessings of Allah (ta’ala). When you are healthy, your worries are fewer. You can do all the things that you would not ordinarily be able to do if you were ill. Even though we sometimes take our good health for granted, it is a good thing to always make dua for good health so that Allah (ta’ala) will continue to bless us with it and not make our health a trial for us. The Prophet () said, “There are two blessings which many people lose: (They are) health and free time for doing good.” (Bukhari) For every Muslim, healthy or not, the duas for good health should be a part of our daily duas, and we share five here that are easy to memorize and recite daily. Duas for Good Health اللَّهُمَّ عَافِنِي فِي بَدَنِي اللَّهُمَّ عَافِنِي فِي سَمْعِي اللَّهُمَّ عَافِنِي فِي بَصَرِي لَا إِلَهَ إِلَّا أَنْتَ Narrated AbuBakrah: AbdurRahman ibn AbuBakrah said that he told his father: O my father! I hear you supplicating every morning: “O Allah! Grant me health in my body. O Allah! Grant me good hearing. O Allah! Grant me good eyesight. There is no god but Thou.” (Sunan Abi Dawud) You repeat them three times in the morning and three times i () using these words as a supplication and I like to follow his practice. اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ، وَتَحَوُّلِ عَافِيَتِكَ، وَفُجَاءَةِ نِقْمَتِكَ، وَجَمِيعِ سَخَطِكَ Ibn ‘Umar (RA) narrated, ‘The Messenger of Allah () used to supplicate saying, “O Allah! I seek refuge in you from the withholding of your favor, the decline of the good health you have given, the suddenness of your vengeance and from all forms of your wrath.” (Bulugh al Maram) لَا إِلَهَ إِلَّا اللَّهُ الْحَلِيمُ الْكَرِيمُ سُبْحَانَ اللَّهِ رَبِّ الْعَرْشِ الْعَظِيمِ وَالْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ health in my body, and grant me health in my sight, and make it the inheritor from me, there is none has the right to be worshipped but Allah, the Forbearing, the Generous, Glory is to Allah, the Lord of the Magnificent Throne, and all praise is due to Allah, the Lord of all that exists (Allāhumma `āfinī fī jasadī, wa `āfinī fī baṣarī, waj`alhul-wāritha minnī, lā ilāha illāllah, al-ḥalīmul-karīm, subḥān Allāhi rabbil-`arshil-`aẓīm, wal-ḥamdulillāhi rabbil-`alamīn).” (Tirmidhi) أَسْأَلُكَ الْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ اللَّهُمَّ أَعْفُ عَنِّي Abu Bakr said to the Messenger of Allah, may Allah bless him and grant him peace, used to supplicate, “Oh Allah, I ask You for health, restraint, trustworthiness, good character and contentment with the decree." (Al Adab al-Mufrad) اللَّهُمَّ اغْفِرْ لِي وَاهْدِنِي وَارْزُقْنِي وَعَافِنِي It was narrated that ‘Asim bin Humaid said: “I asked ‘Aishah with what the Messenger of Allah [SAW] would start Qiyam Al-Lail. She said: ‘You have asked me about something that no one else has asked me about. He used to say Allahu Akbar ten times, and Subhan-Allah ten times, and Istaghfir-Allah ten times, and he would say, Allahummaghfirli, wahdini, warzuqni, wa’afini (O Allah, forgive me, guide me, grant me provision and give me good health,) and he would seek refuge from the difficulty of the standing on the Day of Resurrection.’” (Sunan an-Nasa’i) Like already said, all of these five duas are easy to memorize and we should endeavor to make them a part of our routine as we seek more blessings from Allah (ta’ala). You may also like: 4 Tips To Help Your Child Understand the Quran Related Video: Dua For Health

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